



GRIDLEY

MIDDLE SCHOOL

April Newsletter

Remember to visit our Gridley Middle School Facebook page and Webpage for current activities and school updates.

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IMPORTANT DATES TO REMEMBER:

Please make sure your child eats breakfast and gets a good night's rest we have Arizona State Assessments.

- AASA April 1st – April 26th Gridley Testing Dates: · Writing: April 2nd · ELA & Math: April 8th – April 12th & April 15th – April 19th AASA
Resources <https://www.azed.gov/assessment/aasa>
- Incoming New student Forum 2024-25 6:00-7:00pm
- Grub Night MOD Pizza 6351 East Broadway Blvd

Schedule of Classes & Events

For Adults

TUSD Family Resource Centers

April 2024

Family Resource Center services are available to TUSD students and their families, **free of charge**. Please call the center to register for classes. Childcare is available to TUSD students and siblings for most classes. Please inform staff of the need for **childcare** when you register. Include the number of children, ages, and any special needs. **Interpreter services** are available. Please inform staff of the need for an interpreter when you register. Please register at least two weeks in advance if interpreter services are needed.

Other services include:

- Clothing bank
- Food pantry
- Help with TUSD forms
- Information and referrals

We hope to see you soon!



Tucson Unified
Family Resource Centers

Beginning Spanish Skills- Presented by Mrs. Granados

Would you like to be able to understand and speak basic Spanish? Then please join our beginner Spanish class to learn practical skills. Come and have fun learning a new language while meeting other TUSD families. Please give us a call at 520-908-3980 to sign up.

Southwest FRC | Thursdays | 4:30 p.m.-6:00 p.m. | Start: 11/2/23 | End: 5/16/24

Beginning Spanish Skills- Presented by Ms. Mendez

Want to learn how to communicate in Spanish? Join us and learn Spanish and about the beauty in Spanish speaking cultures. This class will explore music, slang, and all the intricate pieces that make up different communities. Please give us a call at 520-584-7455 to sign up.

Palo Verde FRC | Tuesdays & Wednesdays | 5:00 p.m.-6:00 p.m. | Start: 1/23/24 | End: 5/8/24

Becoming Financially Fit- Presented by Family Housing Resources

The Financial Foundations Program is a “FREE TO YOU” program developed for Family Housing Resources Inc. to help you build a solid foundation of financial education, grow your wealth, and achieve financial freedom. It includes a 6-session course that will cover budgeting, taxes, loans, and more. After the course, we will pair you with an expert mentor to help you create a plan to achieve your financial goals. An orientation session is required. This course will be held in person at no cost to you. Please call 520-584-7455 to sign up.

Palo Verde FRC | Tuesdays & Thursdays | 5:00 p.m.-6:30 p.m. | Start: 4/2/24 | End: 4/25/24

Computer Class & Homework Help (for adult & children)

Do you need help learning basic computer skills? We can help! A TUSD certified instructor will be available to provide support with basic computer skills and online forms, applications, and programs. The instructor is also available to provide homework help for TUSD students. Please call Hermelinda at 908-3980 to sign for more information.

Southwest FRC | Thursdays | 3:45 p.m.-5:45 p.m. | Start: 10/19/23 | End: 5/16/24

Crochet/Tejer- Presented by Miss Lupita (English/Spanish)

Join us for a delightful crochet class with Miss Lupita, a skilled instructor with a passion for crochet, you will delve into the fundamentals of this timeless craft. *This class is conducted in Spanish*, providing a wonderful opportunity to immerse yourself in the language while pursuing a creative endeavor. Whether you are a beginner eager to learn the art of crochet or an intermediate enthusiast looking to refine your skills, this class is the perfect opportunity to explore the world of crochet in a supportive and engaging environment. Please call 520-225-2172 to sign up.

Menlo FRC | Tuesdays | 9:30 a.m.-11:30 a.m. | Start:4/2/24 | End: 5/21/24

Eat Smart and Move More! Presented by The University of Arizona (English/Spanish)

Join us for an opportunity to participate in a fun and free nutrition class. This 10-week workshop is focused on helping families learn to eat smart and move more! Bilingual class. Please call 520-225-2172 to sign up.

Menlo FRC | Thursdays | 10:45 a.m.-12:00 p.m. | Start:4/11/24 | End: 6/13/24

English Class Flyer

English Class

The Family Resource Centers have partnered with Literacy Connects to provide free Adult English classes for parents, guardians, or caregivers of TUSD registered students. English Language Acquisition for Adults helps parents learn and improve their English language skills. To Sign up, please call the FRC you are interested in attending.

Beginning Level

Catalina Family Resource Center **520-232-8684**
Mondays & Wednesdays | 10:00 a.m. - 11:30 a.m.
January 17- May 8, 2024

Intermediate Level

Menlo Family Resource Center **520-225-2172**
Tuesdays & Fridays | 10:00 a.m. - 11:30 a.m.
January 19- May 10, 2024

Intermediate Level

Palo Verde Family Resource Center **520-584-7455**
Mondays & Wednesdays | 10:00 a.m. - 11:30 a.m.
January 17- May 8, 2024

Intermediate Level

Southwest Family Resource Center **520-908-3980**
Tuesdays & Thursdays | 11:00 a.m. - 12:30 p.m.

January 16- May 9, 2024

English Conversations Club- Presented by Ms. ETTY

Welcome to the English Conversations Club! Are you looking to enhance your English language skills and boost your confidence in speaking? Look no further! Our club provides a friendly and supportive environment for students who have been learning English to practice and improve their conversational abilities. Please call 520-225-2172 to sign up.

Menlo FRC | 1st & 3rd Fridays | 10:00 a.m.-12:00 p.m. | Start: 4/5/24 | End: 5/17/24



23-24 FACE to face Event Flyer (1) (6).pdf

FACE to Face flyer

[Download](#)

313.7 KB

FACE to Face- Presented by Lacey Grijalva, Director of Family & Community Engagement (for the community)

TUSD's Family and Community Engagement Department will provide monthly communication via ZOOM. Ms. Grijalva will host in-depth discussions to bring together our TUSD and Tucson communities.

[Join Via Zoom](#)

Thursdays at 5:00p.m.

Date Topic

March 28 Community Summer Programs

April 25 TUSD Leadership

Sessions will be approximately 45 minutes in length and will also be streamed live on [Tucson Unified Family Centers](#) and [FACEtoFace](#) Facebook pages. Please send any questions or concerns to FACEtoFace@tusd1.onmicrosoft.com

Financial Education- Presented by Family Housing Resources

The Financial Foundations Program was developed for Family Housing Resources Inc. to help you build a solid foundation of financial education, grow your wealth, and achieve financial freedom. It includes an 8-session course covering budgeting, taxes, loans, and more. After the course, we will pair you with an expert mentor to help you create a plan to achieve your financial goals. Please call 520-908-3980 to sign up. * Participants must attend an orientation session before attending the class.

***Orientation: Wednesday, 4/24/24, 5:00 p.m.-6:00 p.m.**

Southwest FRC | Thursdays | 4:30 p.m.-6:30 p.m. | Start: 5/2/24 | End: 6/27/24

Guiding Good Choices- Presented by the Children's Advocacy Center of Southern AZ

Guiding Good Choices (GGC) gives families information and tools that work to protect preteens and teens from the inevitable risks they encounter as they become more independent. Families will learn ways to build or maintain lasting relationships. At the end of each session, participants learn how to hold a family meeting to share lessons learned or plan some fun family time. This regular time together builds bonds, promotes health, and helps GGC skills become a part of family life. Please register here <https://forms.office.com/r/RCBaq1vTQ3> or call 520-225-2172.

Menlo FRC | Wednesdays | 10:00 a.m.-12:00 p.m. | Start: 3/27/24 | End: 4/24/24

Guiding Good Choices/Guiando Buenas Decisiones- Presented by the Children's Advocacy Center

*** This class is being offered in Spanish.**

Families will receive information and tools that work to protect preteens and teens from inevitable risks they encounter as they become more independent. Learn ways to promote health & wellbeing, deal with anger in a positive way, expectations for behavior and how to strengthen family bonds. Las familias recibirán información y herramientas que funcionan para proteger a los preadolescentes y adolescentes de los riesgos inevitables que enfrentan a medida que se vuelven

más independientes. Aprenda formas de promover la salud y el bienestar, lidiar con la ira de una manera positiva, las expectativas de comportamiento y cómo fortalecer los lazos familiares. Please call 520-232-8684 to sign up.

Catalina FRC | Mondays | 12:00 p.m.-2:00 p.m. | Start: 4/1/24 | End: 4/29/24

Health Insurance Support- Presented by Chicanos Por La Causa (Spanish/English)

Chicano Por La Causa is partnering with Keogh Health Connection to assist participants in applying for Marketplace Health Insurance, AHCCCS, and KidsCare. Information is also available for SNAP(food stamps) and TNAF (cash assistance). This is a walk-in session and will be bilingual. For more information, please call 520-225-2172.

Menlo FRC | Thursday | 10:30 a.m.-12:00 p.m. | Start: 4/18/24 | End: 4/18/24

Health Insurance Resources- Presented by The University of Arizona Center for Rural Health

The University of Arizona Center for Rural Health has Certified Navigators to answer questions and help you enroll in health insurance. They are available for group presentations and to assist when you experience a qualifying life event or Special Enrollment Period (SEP). Assistance is FREE of charge and available in English /Spanish! If you qualify for an SEP, you may have 60 days before or 60 days after the event to enroll in a Marketplace plan. Medicaid/CHIP is open at any time. Please call 520-225-2172 or email becky.baker@tusd1.org to sign up.

Menlo FRC | Wednesday | 10:00 a.m.-12:00 p.m. | Start: 4/3/24 | End: 4/3/24

Health Insurance Resources- Presented by The University of Arizona Center for Rural Health

The University of Arizona Center for Rural Health has Certified Navigators to answer questions and help you enroll in health insurance. They are available for group presentations and to assist when you experience a qualifying life event or Special Enrollment Period (SEP). Assistance is FREE of charge and available in English /Spanish! If you qualify for an SEP, you may have 60 days before or 60 days after the event to enroll in a Marketplace plan. Medicaid/CHIP is open at any time. Please call 520-908-3980 to sign up.

Southwest FRC | Wednesdays | 10:00 a.m.-12:00 p.m. | Start: 1/10/24 | End: 5/1/24

How Money Works for Kids- Presented by Primerica Mortgage

Join us to learn how you CAN raise money-smart kids, start the money conversation early, guide them to make good money choices and help your kids avoid money pitfalls. This is an excellent opportunity for parents, caregivers, or anyone who works with youth of any age! Please call 520-232-8684 to sign up.

Catalina FRC | Monday | 11:45 a.m.-12:45 p.m. | Start: 5/6/24 | End: 5/6/24

In-Shape Prevention and Wellness- Presented by La Frontera

This three-week program is designed to increase adult wellness-enhancing behaviors, including physical activity, healthy eating, and adequate sleep. We will also learn how to practice stress control while avoiding unhealthy behaviors. Please call 520-908-3980 to sign up.

Southwest FRC | Mondays | 10:00 a.m.-11:30 a.m. | Start: 4/8/24 | End: 4/22/24

In-Shape Prevention and Wellness- Presented by La Frontera

This three-week program is designed to increase adult wellness-enhancing behaviors, including physical activity, healthy eating, and adequate sleep. We will also learn how to practice stress control while avoiding unhealthy behaviors. Please call 520-584-7455 to sign up.

Palo Verde FRC | Fridays | 9:00 a.m.-10:30 a.m. | Start: 4/5/24 | End: 4/19/24

Kith & Kin Project- Presented by Candelen

*This class is being offered in Spanish.

Candelen offers one of the most extensive support programs for family (kin), friend, and neighbor (kith) childcare, which is one of the country's most common forms of caregiving. It usually includes relatives, friends, neighbors, and other adults caring for children in their home. Whatever role you play in the life of a child, our groups empower you to give kids the brightest start possible. Receive resources, materials and information on topics like:

- Child Development
- Health & Safety
- Positive Guidance
- Behavior Challenges
- Nutrition
- Language & Literacy
- Home Safety

In this 7-week course you will get to practice new skills in each session to bring home proven strategies and confidently incorporate them into your daily routine with the kids in your care. You will have the opportunity to earn a certificate of completion and CPR/First Aid training. Please call 520-232-8684 to sign up. Kith and Kin es un programa en el que los participantes pasan 7 semanas recibiendo capacitación, practican nuevas habilidades y estrategias comprobadas en la primera infancia para brindar cuidado infantil. Obtención de un certificado, RCP y Primeros Auxilios.

Catalina FRC | Thursdays | 10:00 a.m.-12:00 p.m. | Start: 4/11/24 | End: 5/23/24

Kith & Kin Project- Presented by Candelen

Candelen offers one of the most extensive support programs for family (kin), friend, and neighbor (kith) childcare, which is one of the country's most common forms of caregiving. It usually includes relatives, friends, neighbors, and other adults caring for children in their home. Whatever role you play in the life of a child, our groups empower you to give kids the brightest start possible. Receive resources, materials and information on topics like:

Child Development
Health & Safety
Positive Guidance
Behavior Challenges
Nutrition
Language & Literacy
Home Safety

In this 7-week course you will get to practice new skills in each session to bring home proven strategies and confidently incorporate them into your daily routine with the kids in your care. You will have the opportunity to earn a certificate of completion and CPR/First Aid training. Please call 520-225-2172 or email becky.baker@tusd1.org to sign up.

Menlo FRC | Tuesdays | 2:00 p.m.-4:00 p.m. | Start: 3/19/24 | End: 4/30/24

Line Dancing- Presented by Ms. Hermelinda Montoya (for adults & students)

Join us for a beginner line dancing class. You will learn basic steps, counts, and choreographed dance sequences. We will move to different music each class. Let's dance! Please call 520-908-3980 to sign up.

Southwest FRC | Thursdays | 5:00 p.m.-6:30 p.m. | Start: 4/4/24 | End: 5/16/24

Parents Cafe: Brewing a Strong Family- Presented by the Children's Advocacy Center of Southern Arizona

Join us for Brewing a Strong Family! A special event for parents and caregivers to come together and connect over the shared experiences of raising children. This is a great opportunity to share

the joys and challenges of parenting while enjoying a cup of coffee in a welcoming environment. As a token of our appreciation, all participants will receive a Starbucks gift card. We look forward to seeing you there and creating a supportive community for families. Please call 520-584-7455 to sign up.

Palo Verde FRC | Tuesday | 10:30 a.m.-12:30 p.m. | Start: 3/26/24 | End: 3/26/24

Resume Building and Interview Workshops- Presented by the Tucson Indian Center

The Tucson Indian Center is facilitating this two-day workshop, which is open to the community and aims to help participants design a powerful resume or refresh a current one. Interviewing is always stressful, so learn how to approach it with confidence. Please call 520-225-2172 to sign up.

Menlo FRC | Thursdays | 10:30 a.m.-12:00 p.m. | Start: 4/18/24 | End: 4/25/24

Spring Sock Hop- Presented by the Southwest Family Resource Center

Spring is in the air, and we invite you to our Spring Sock Hop! Learn about our center and other TUSD Departments. Meet our Community Partners and Resources. For more information, please call 520-908-3980.

Southwest FRC | Thursday | 4:00 p.m.-6:30 p.m. | Start: 4/18/24 | End: 4/18/24

Strengthening Families- Presented by the Tucson Indian Center

Strengthening Families is a unique program that helps build up your parenting skills, find ways to reduce stress, and create healthy relationships. Please call 520-908-3980 to sign up.

Southwest FRC | Wednesdays | 4:00 p.m.-5:45 p.m. | Start: 3/27/24 | End: 5/1/24

Supporting Youth Mental Health- Presented by the National Alliance on Mental Illness (NAMI)

Join the National Alliance on Mental Illness for an interactive class that helps provide adults and other loved ones with the skills and resources to support their child's mental health and discuss how to recognize the warning signs of mental illness. Please call 520-232-8684 to sign up.

Catalina FRC | Tuesday | 11:00 a.m.-12:30 p.m. | Start: 4/30/24 | End: 4/30/24

Talk It Out Together- Presented by Talk It Out Counseling Services

Talk It Out Together is a safe place for parents, guardians, or caregivers to gather and discuss their everyday struggles. The group will be led by a licensed counselor from the Talk-It-Out program. This is an ongoing support group. For more information, please call 584-7455. Walk-ins are welcome!

Palo Verde FRC

Thursday, 4/25/24, 10:00 a.m.-11:00 a.m.

Tuesday, 4/30/24, 5:00 p.m.- 6:00 p.m.



Family Resource Centers Special Hours

- March 28 | 8 a.m. -12 p.m. | Half-day
- March 29 | Closed | Spring Holiday
- April 26 | Closed | Staff Mtg./PD

TUSD Important Dates

- March 29 | No School | Spring Holiday

TUCSON UNIFIED
SCHOOL DISTRICT

<https://www.tusd1.org/theme/files/calendar/23-24/TUSD-Calendar-SY-23-24-ENG.pdf>

Family Resource Center Hours



Catalina
Family Resource Center

Catalina Family Resource Center

3645 E. Pima St.

Tucson, AZ 85716

(520) 232-8684

Monday | Thursday | Friday

8:00-4:00

Tuesday

10:30-7:00

Wednesday

9:30-6:00

[Google Maps- Catalina FRC](#)



Menlo

Family Resource Center

Menlo Family Resource Center

1100 W. Fresno St.

Tucson, AZ 85745

(520) 225-2172

Monday | Tuesday | Friday

8:00-4:00

Wednesday

9:30-6:00

Thursday

10:30-7:00

[Google Maps- Menlo FRC](#)



Palo Verde

Family Resource Center

Palo Verde Family Resource Center

1302 S. Avenida Vega
Tucson, AZ 85710
(520) 584-7455

Monday | Thursday | Friday

8:00-4:00

Tuesday

10:30-7:00

Wednesday

9:30-6:00

[Google Maps- Palo Verde FRC](#)



Southwest

Family Resource Center

Southwest Family Resource Center

6855 S. Mark Rd.

Tucson, AZ 85757

520-908-3980

Monday | Tuesday | Friday

8:00-4:00

Wednesday

9:30-6:00

Thursday

10:30-7:00

[Google Maps - Southwest FRC](#)
